

APRIL MENU

Child & Family Centers of Excellence

Lunch 2016/2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>DoWhaDittie or Popcorn Chicken w/Sauce Mexican Corn WG Dinner Roll Pineapple & Milk</p>	<p>4</p> <p>Special Menu Day</p>	<p>5</p> <p>Taco w/Seasoned Beef, Lettuce, Tomato, Cheese Salsa Corn Tostada Chips Seasonal Fruit & Milk</p>	<p>6</p> <p>Pork Roast Sweet Potatoes WG Roll or Bread w/Spread Fresh Fruit Milk</p>	<p>7</p> <p>Tuna Salad Multi-grain Bread Broccoli w/Cheese Seasonal Fruit Milk</p>
<p>10</p> <p>Chicken Florentine w/ Spinach WG Pasta Shredded Mozzarella Peas Seasonal Melon & Milk</p>	<p>11</p> <p>Cheese Tortellini or Ravioli w/Marinara & Mozzarella Cheese Normandy Veggies Fresh Fruit Milk</p>	<p>12</p> <p>Spanish Chicken in Salsa Spanish Rice Green Salad w/Dressing Fresh Fruit Milk</p>	<p>13</p> <p>Roast Beef Hash Beets MG Bread or Bun w/ Spread Pineapple & Milk</p>	<p>14</p> <p>WG Cheese Pizza Fresh Veggies w/Dip Fresh Fruit Milk</p>
<p>17</p> <p>WG Chicken Tenders w/ Sauce WG Dinner Roll w/Spread California Blend Veggies Fresh Seasonal Fruit Milk</p>	<p>18</p> <p>Shredded Pork w/BBQ WG Mini Bun Caribbean Veggies Pineapple Milk</p>	<p>19</p> <p>Mini Meatball Subs w/Bun Mozzarella Cheese Cauliflower Seasonal Fruit & Milk</p>	<p>20</p> <p>Turkey in Gravy Potatoes Spring Salad w/Dressing WG Dinner Roll w/Spread Pears, Peaches or Apples Milk</p>	<p>21</p> <p>Chicken Salad on WG Flat Bread or Croissant Lettuce or Tomato Fresh Fruit Milk</p>
<p>24</p> <p>Riblet in BBQ Sauce Corn WG/WW Dinner Roll w/ Spread Seasonal Fruit & Milk</p>	<p>25</p> <p>Turkey on WG Wraps Sliced Cheese & Mayo Lettuce & Tomatoes Pineapple Milk</p>	<p>26</p> <p>Sloppy Joes on WW Enriched Bun Roasted Potatoes w/ Ketchup Seasonal Melons & Milk</p>	<p>27</p> <p>Chicken Thighs Garden Rice Salad w/Dressing Fresh Seasonal Fruit Milk</p>	<p>28</p> <p>Bean 'n Cheese WG Burrito Shredded Cheese Corn 'n Black Bean Salsa Seasonal Fruit & Milk</p>
<p>MAY 1</p> <p>Cheeseburger w/Ketchup WW Enriched Buns Broccoli Seasonal Fruit Milk</p>	<p>MAY 2</p> <p>Chicken Taco w/Lettuce, Tomato, Shredded Cheese & Salsa Multi Grain Tortilla Shell Seasonal Fruit Milk</p>	<p>MAY 3</p> <p>Warm Ham Slices Sweet Potato Pieces MG or Rye Bread w/Spread Pineapple Milk</p>	<p>MAY 4</p> <p>Chicken Breast in Gravy Corn & Lima Beans WGDinner Roll w/Spread Seasonal Melon Milk</p>	<p>MAY 5</p> <p>Egg Salad on WG Bread Homemade Soup w/Vegetables Fresh Fruit Milk</p>

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Breakfast/Snacks 2016/2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>WG Breakfast Loaf Soy Butter Seasonal Fruit & Milk</p> <p>-----</p> <p>Fruit Pizza on WG Flat Bread w/Cream Cheese & Milk</p>	<p>2</p> <p>Egg Patty WW Bread w/Spread Seasonal Fruit Milk</p> <p>-----</p> <p>Fresh Vegetables w/Dip WG Crackers Water</p>	<p>3</p> <p>WG Cold Cereal Fresh Berries or Banana Milk</p> <p>-----</p> <p>Yogurt Berries WG Cereal & Water</p>	<p>4</p> <p>Mini Bagel w/Spread Canadian Bacon Slice Fresh Fruit Milk</p> <p>-----</p> <p>WG Cereal and Snack Mix w/Raisins Milk</p>	<p>5</p> <p>WW English Muffin w/Jelly Seasonal Fruit or Applesauce Milk</p> <p>-----</p> <p>Fresh Fruit WG Crackers & Milk</p>
<p>8</p> <p>WG Muffins or Breakfast Bread w/Spread Seasonal Fruit Milk</p> <p>-----</p> <p>Apples Soy Butter WG Crackers Milk</p>	<p>9</p> <p>WG Pancakes w/Syrup Turkey Sausage Strawberries/Berries Milk</p> <p>-----</p> <p>WG Crackers Bean Dip Water</p>	<p>11</p> <p>WG Cold Cereal Banana Milk</p> <p>-----</p> <p>Fresh Veggies w/Dip WG Crackers Milk</p>	<p>12</p> <p>WG Bagel Cream Cheese Seasonal Fruit Milk</p> <p>-----</p> <p>Cottage Cheese Berries W WG Crackers & Water</p>	<p>13</p> <p>WG Croissant Ham Fresh Fruit Milk</p> <p>-----</p> <p>String Cheese Fresh Fruit Milk</p>
<p>16</p> <p>WG Waffles w/Syrup Peaches, Pears or Apricots Milk</p> <p>-----</p> <p>Banana Crunchies w/Banana, Yogurt & Rice Krispies Water</p>	<p>17</p> <p>Omelet WW Bread Fresh Fruit Milk</p> <p>-----</p> <p>WG Cereal Snack Mix w/Craisins & Milk</p>	<p>18</p> <p>WG Cold Cereal Banana/Berries Milk</p> <p>-----</p> <p>Fresh Veggies w/Dip WG Crackers Milk</p>	<p>19</p> <p>Enriched Raisin Toast w/Spread Cottage Cheese Seasonal Fruit Milk</p> <p>-----</p> <p>Cheese and Apples WG Crackers Water</p>	<p>20</p> <p>French Toast w/Cinnamon Sugar Turkey Sausage Applesauce Milk</p> <p>-----</p> <p>WG Muffin or Bread Fruit & Water</p>
<p>23</p> <p>WG Pancake w/Syrup Seasonal Fruit Milk</p> <p>-----</p> <p>String Cheese Fresh Fruit & Milk</p>	<p>24</p> <p>Scrambled Eggs w/Salsa WW Bread or Tortilla Shell Fresh Fruit & Milk</p> <p>-----</p> <p>Special Snack Day</p>	<p>25</p> <p>WG Bun w/Turkey Sausage & Spread Fresh Fruit Milk</p> <p>-----</p> <p>WG Graham Crackers w/Soy Butter Apple or Banana & Water</p>	<p>26</p> <p>WG Cereal Banana Milk</p> <p>-----</p> <p>Bean Dip WG Crackers Milk</p>	<p>27</p> <p>Plain Bagel w/Spread Ham Mandarin Oranges, Clementines or Oranges Milk</p> <p>-----</p> <p>Rice Cakes Seasonal Fruit & Water</p>
<p>Raisin Bread Toast w/Spread Oranges, Clementines or Mandarin Oranges Cottage Cheese & Milk</p> <p>-----</p> <p>Broccoli, Cauliflower or Carrots w/Dip WG Crackers & Milk</p> <p><i>MAY 1</i></p>	<p>WG Cold Cereal Banana Milk</p> <p>-----</p> <p>Yogurt, Berries and Granola Milk</p> <p><i>MAY 2</i></p>	<p>WG Pancakes w/Syrup Seasonal Fruit Milk</p> <p>-----</p> <p>WG Trail Mix Banana Milk</p> <p><i>MAY 3</i></p>	<p>WW Roll Turkey Sausage Applesauce Milk</p> <p>-----</p> <p>WG Crackers Cheese Apples & Water</p> <p><i>MAY 4</i></p>	<p>WW Bread w/Spread Hard Boiled Egg Seasonal Fruit Milk</p> <p>-----</p> <p>Nutri Grain Bars Fruit & Milk</p> <p><i>MAY 5</i></p>

Late snack will be 2 components consisting of either fruit, whole grain, cheese, protein, etc. Choices will vary depending upon availability.